

# ZOO4403C | Marine Biology

## Welcome to the Course

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### What will you learn in ZOO4403C: Marine Biology?

Only all the most **awesome** things about the ocean! In this course, you'll learn about all sorts of marine organisms as well as important aspects of physical oceanography that dictate much about the lives of the ocean's denizens. We will talk a bit about ocean ecology as well.

Most importantly, you'll be equipped to face some of the greatest challenges to our Earth by educating and working towards a better, more informed future. Plus we'll read a really funny (*and informative*) book.

## Key Course Elements

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### Getting Help!

If you don't understand something in the **course content or are concerned about a grade**, talk to me ASAP. Do not wait until a failed exam! [Instructor Contact](#)

However, I **cannot** solve most technical issues because I can't access your account and I am just super not a tech wizard. Instead, please see the resources below for technical difficulties.

### *Technical Difficulties*

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**Any requests for make-ups due to technical issues** must be accompanied by the ticket number received from the Help Desk when the problem was reported to them. The ticket number will document the time and date of the problem. You should e-mail your instructor within 24 hours of the technical difficulty if you wish to request a make-up.

- **UF IT Help Desk:** For general troubleshooting or issues with **Canvas**, the Help Desk has your back! <https://it.ufl.edu/helpdesk/>. Available by phone 24/7 at (352) 392-4357, email [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu), or connect via chat on the website. Walk-in at The Hub available, too.
- **PlayPosit** (Interactive Lecture Videos): Review the [PlayPosit Instructions](#), the [PlayPosit Learner Experience](#), and [PlayPosit Troubleshooting](#)
- **McGraw-Hill Connect:** Reach out to tech support on the [website](#) (chat or submit a request) or by phone at (800) 331-5094.
- **Perusall:** Check out student [support articles on the website](#) or [submit a support request](#).
- **Honorlock:** Live chat on their [website](#) or email [support@honorlock.com](mailto:support@honorlock.com)

## *Health and Wellness*

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- **U Matter, We Care:** ASKING FOR HELP IS A SIGN OF STRENGTH. If you or a friend is in distress, contact If you or someone you know is in distress, please contact counseling 24/7 352-392-1575, or visit [umatter.ufl.edu](http://umatter.ufl.edu) to refer or report a concern and a team member will reach out to the student in distress.
- **Counseling and Wellness Center:** Visit [counseling.ufl.edu](http://counseling.ufl.edu) or call 352-392-1575 for information on crisis services as well as non-crisis services. 4<sup>th</sup> floor of Peabody Hall.
- **Student Health Care Center:** Call 352-392-1161 for 24/7 information to help you find the care you need, or visit [shcc.ufl.edu](http://shcc.ufl.edu).
- **University Police Department:** Visit [police.ufl.edu](http://police.ufl.edu) or call 352-392-1111 (or 9-1-1 for emergencies).
- **UF Health Shands Emergency Room/Trauma Center:** For immediate medical care in Gainesville, call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [ufhealth.org/emergency-room-trauma-center](http://ufhealth.org/emergency-room-trauma-center).

## *Academic and Student Support*

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- **Career Connections Center:** 352-392-1601. Career assistance and counseling services [career.ufl.edu/](http://career.ufl.edu/).
- **Library Support:** Various ways to receive assistance with respect to using the libraries or finding resources. [cms.uflib.ufl.edu/ask](http://cms.uflib.ufl.edu/ask)
- **CLAS Academic Resources:** 352-392-2010. General study skills and tutoring: <https://academicresources.clas.ufl.edu/>
- **Writing Studio:** 352-846-1138. Help brainstorming, formatting, and writing papers: [writing.ufl.edu/writing-studio/](http://writing.ufl.edu/writing-studio/)
- **Dean of Students Office:** 352-392-1261. <https://www.dso.ufl.edu>

## Course Goals

Upon completion of this course, you should be able to:

1. Discuss geological, physical, and chemical oceanography and how it impacts the anatomy, evolution, and ecology of living organisms in marine environments.
2. Describe all of the major groups of organisms that live in marine environments and their adaptations for the marine environment generally and their specific habitat.
3. Develop an integrated understanding of how marine organisms interact with their environment and one another (marine ecology) and how humans impact the marine environment and its organisms.
4. Apply knowledge to analyze both popular science writing and scientific papers, imagine future career and research possibilities, and generally to solve and educate others about the challenges faced by our world today.

## Learning Activities and Assignments

### *Exams*

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We will have 3 non-cumulative exams throughout the semester on topics discussed during lecture. Each exam is worth 10% of your final grade for a total weight of 30%. Exams will be taken through the proctoring service [HonorLock](#).

### *Assignments & Participation*

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[McGraw-Hill Connect](#) SmartBook and Homework Assignments, [PlayPosit Interactive Video Lectures](#), and other activities. 10% of your final grade. Modules start on Mondays, and assignments are due Sundays 11:59 PM. See each module for assignments.

### *Sex in the Sea Book Club*

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In addition to learning via our textbook and lectures, we'll be reading a popular science book [Sex in the Sea: Our Intimate Connection with Sex-changing Fish, Romantic Lobsters, Kinky Squid, and Other Salty Erotica of the Deep](#), by Marah J. Hardt. It's a truly wonderful book, and you'll be applying your "textbook" knowledge to deeply understand every aspect of the most important thing in biology - reproduction - in the ocean. You will participate in Book Club discussions on each chapter. In groups, you'll pick your favorite chapter and lead Book Club for your chosen week. Book Club Discussions are due Sundays 11:59 PM. Book club leadership and participation are weighted to 20% of your final grade. See the overview of this project here: [Book Club Overview](#) and then complete the introduction assignment here: [Introduction to Sex and the Sea](#).

### *Mock Research Proposal*

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Propose a novel research project as a group on a topic of your choice. Give a presentation as if you are asking for funding for your research. You will also be peer reviewing one another's proposals. This project is worth 25% of the final grade. More information here: [Mock Research Proposal Project Overview](#)

### *Lab & Field Activities*

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Select 3 self-directed field, experiment, virtual dissection, and other possible activities. Submit reports with observations, data, and ideas. Complete throughout the semester (due dates in the schedule and the overview below). Worth 15% of your final grade, 5% for each lab. Read more and find links to assignments: [Lab and Field Activities Overview](#).

## Grading Policies

I will make every effort to have each assignment graded and posted within one week of the due date.

### *"Life Happens" Policy*

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Everyone has an off week sometimes! Because of this, I'll be **dropping**:

- your lowest 3 McGraw-Hill Connect and/or PlayPosit Lecture assignment grades AND
- your lowest 1 Book Club chapter participation grade.

If you miss assignments, don't worry about asking for extensions UNLESS you already have the maximum number of zeros allowed under this policy which will automatically be dropped from your grade. In the event that you miss additional assignment due dates in excess of those allowed by this policy AND your absence is excusable based on UF policy, please see the Course Policies tab for guidelines on extension requests

### *Assignment category weights towards final grade*

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Assignment Category	Percentage of Final Grade
Exams (3)	30% total
Sex & the Sea Book Club	20%
Assignments & Participation	10%
Research Proposal	25%
Lab & Field Activities	15%

### *Grade Scale*

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Percent	Grade	Grade Points
≥ 93.00%	A	4.00
≥ 90.00%	A-	3.67
≥ 87.00%	B+	3.33
≥ 83.00%	B	3.00
≥ 80.00%	B-	2.67
≥ 77.00%	C+	2.33

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≥ 73.00%	C	2.00
≥ 70.00%	C-	1.67
≥ 67.00%	D+	1.33
≥ 63.00%	D	1.00
≥ 60.00%	D-	0.67
< 60.00%	E	0.00

See the [current UF grading policies](#)[Links to an external site.](#) for more information.

### Required Materials and Technology

#### *Books*

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**eTextbook through McGraw-Hill Connect:** Marine Biology (12th Ed.), Castro & Huber, 2023, McGraw-Hill. This text is provided through UF All Access. Login at the following website and Opt-In to gain access to your UF All Access course materials - <https://www.bsd.ufl.edu/AllAccess> – UF All Access will provide you with your required materials digitally at a reduced price, and the charge will be posted to your student account. This option will be available starting one week prior to the start of the semester and ends three weeks after the first day of class. You will need your Connect account for readings in the textbook as well as assignments. Once you have your access code, you can continue to the [Introduction to Connect](#) assignment to create your account.

**Fun Book for Book Club through Perusall:** Sex in the Sea: Our Intimate Connection with Sex-changing Fish, Romantic Lobsters, Kinky Squid, and Other Salty Erotica of the Deep, by Marah J. Hardt, 2016, St. Martin's Press. Details on how to access the book and Perusall are in the [Book Club Overview](#).

**Optional Field Guides:** Any field guides that you can get or have for sea creatures in your current area are great for self-guided field trips! Here are a couple of guides that I really like and suggest with links to Amazon if you click on them:

[Florida's Living Beaches \(2nd Ed\), Blair and Dawn Witherington, 2017 \(REQUIRED later if you plan to take Marine Ecology, so its a good idea to get it now.\)](#)[Links to an external site.](#)

[Peterson Field Guides, Southeastern and Caribbean Seashores, Kaplan, 1988 \(or newer versions\)](#)

**Materials/Supply Fees:** There is no supply fee for the online version of this course.

## *Minimum Technology Requirements*

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The University of Florida expects students entering an online program to acquire computer hardware and software appropriate to his or her degree program. Most computers are capable of meeting the following general requirements. A student's computer configuration should include:

- Webcam
- Microphone
- Broadband connection to the Internet and related equipment (Cable/DSL modem)
- Microsoft Office Suite installed (provided by the university)

Individual colleges may have additional requirements or recommendations, which students should review prior to the start of their program.

To complete your tasks in this course, you will need a basic understanding of how to operate a computer, and how to use word processing software.

Zoom is an easy to use video conferencing service available to all UF students, faculty, and staff that allows for meetings of up to 100 participants. You can find resources and help using Zoom at <https://ufl.zoom.us>

## Schedule

**Due dates:** All assignments for each module are due on Sundays at 11:59 PM except where noted on Canvas.

<i>Week of</i>	<i>Lecture Topic</i>	<i>Textbook Chapter</i>	<i>Sex in the Sea Book Club</i>
<b>Orientation Module (you are here!) activities due 5/19</b>			
5/13	<a href="#">Module 1: The Science of Marine Biology</a>	1	Complete the <a href="#">introduction assignment</a> and <a href="#">sign up for your favorite chapter!</a>
5/20	<a href="#">Module 2: The Sea Floor</a>	2	

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<b>Week of</b>	<b>Lecture Topic</b>	<b>Textbook Chapter</b>	<b>Sex in the Sea Book Club</b>
5/27	<a href="#">Module 3: Chemical and Physical Features of Seawater and the World Ocean (Part 1)</a>	3	<a href="#">Ch 1: The Quest: Seeking Sex in Saltwater</a> (book club)
6/3	<a href="#">Module 4: Chemical and Physical Features of Seawater and the World Ocean (Part 2)</a>	3	<a href="#">Ch 2: Luring a Lover: The Art of Salty Seduction</a>
<b>First <a href="#">Lab and Field Activity</a> Due Sunday 6/9</b>			
<b><a href="#">EXAM 1 (CH 1 - 3) MONDAY 6/10</a></b>			
6/10	<a href="#">Module 5: The Microbial World and Multicellular Primary Producers</a>	5, 6	<a href="#">Ch 3: Sex Change in the Sea</a>
<b><a href="#">Mock Research Proposal Interests Discussion</a> and <a href="#">Group Sign-up</a> by <b>Sunday 6/16</b></b>			
6/17	<a href="#">Module 6: Marine Animals Without a Backbone (Part 1)</a>	<u>7</u>	<a href="#">Ch 4: The Penis Chapter: Sex as a Contact Sport</a>
<b><a href="#">Mock Research Proposal Group Plan</a> due <b>Tuesday 6/18</b></b> <b><a href="#">Mock Research Proposal Group Meeting With Dr. Meadows</a> by <b>Friday 6/21</b></b>			
<b><u>SUMMER BREAK week of 6/24</u></b>			
7/1	<a href="#">Module 7: Marine Animals Without a Part Backbone (Part 2)</a>	7	<a href="#">Ch 5: Inner Chambers: Influencing Sex from the Inside Out</a>
<b><a href="#">Mock Research Proposal Synopsis</a> Due <b>Sunday 7/7</b></b>			

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<b>Week of</b>	<b>Lecture Topic</b>	<b>Textbook Chapter</b>	<b>Sex in the Sea Book Club</b>
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### **EXAM 2 (CH 5 - 7) Monday 7/8**

7/8	<a href="#">Module 8: Marine Fishes (Part 1)</a>	8	<a href="#">Ch 6: Oceanic Orgies: Getting it on in Groups</a>
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### **Second Lab and Field Activity Due Sunday 7/14**

7/15	<a href="#">Module 9: Marine Fishes (Part 2)</a>	8	<a href="#">Ch 7: Synchronized Sex: A Neighborly Affair</a>
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### **Mock Research Proposal Videos Due Sunday 7/21**

7/22	<a href="#">Module 10: Marine Reptiles, Birds, and Mammals (Part 1)</a>	9	<a href="#">Ch 8: Turning up the Sex Drive: How to Spark Successful Sex at Sea</a>
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### **Mock Research Proposal Presentations Groups 1-4, Peer Review Due Sunday 7/28**

7/29	<a href="#">Module 11: Marine Reptiles, Birds, and Mammals (Part 2)</a>	9	
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### **Mock Research Proposal Presentations Groups 5-8, Peer Review Due Sunday 8/4**

### **Third Lab and Field Activity Due by Sunday 8/4**

8/5	<a href="#">Module 12: Introduction to Marine Ecology and Our Changing Planet</a>	10	
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### **EXAM 3 (CH 8 - 10) Friday 8/9**

## Course and UF Policies

### *What is expected of me?*

PARTICIPATE. [Ask questions](#). Connect with one another on [Flip Study Lounge](#) and in the [Canvas Study Rooms](#) for each exam. Meet your instructor during [student office hours](#). We are a community of learners even though we are online.



### *How will we celebrate diversity?*

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We need diversity of opinion, social class, culture, religion, sexual orientation, gender, race, ethnicity, and ability in science. Enjoy the diverse scientists you learn about. Ask why diversity is lacking. Always maintain an environment of respect and inclusion. Listen and learn from all.

### *Excused Absences & Make-ups*

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This is a small class, and if you aren't completing assignments on time, I'll worry. If you have a planned conflict, discuss it with me in advance. If there is an unforeseen circumstance, please let me know as soon as possible. I know that special circumstances may come up, and we will stay in communication to ensure your success. Please see the UF policy for excused absences here: <https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

For some assignments, **extensions MAY be granted** if and only if you have already received other zeros that will be dropped based on the "Life Happens" policy (See the Grading Policies tab). You must have a documented excused absence lasting at least the three days before and including the due date. For example, if the assignment is due Sunday, your documentation of absence must include Friday, Saturday, and Sunday to be granted an extension. Submit documentation here: <https://care.dso.ufl.edu/instructor-notifications/> and request a letter be sent to the instructor, then message me in Canvas after your letter has been sent to let me know what assignments you are requesting extensions on, and we will discuss any modified due dates.

**No make-up exams** without prior permission or documentation of illness. Students missing an exam due to a university-approved excused absence should let the instructor know in advance. In case of illness or emergency on exam day, students must submit documentation here: <https://care.dso.ufl.edu/instructor-notifications/> and request a letter be sent to the instructor.

### *Academic Honesty*

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Any acts of cheating, plagiarism, or other forms of academic dishonesty will result in, at minimum, **a 0 grade for the assignment or test AND a reduction in the course grade by 1 letter**. Sharing information about tests or homework answers with students in future or past classes, or posting on social media information about same, is a serious act of academic dishonesty. Sharing answers for homework, exams, etc. with others (ex. Groupme, Course Hero) or receiving same is cheating. Turing in assignments that match classmates' is plagiarism. **Unauthorized or undisclosed use of generative AI is plagiarism**. If you witness any instances of academic dishonesty in this class, notify the instructor.

UF students are bound by The Honor Pledge which states, "*We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity by abiding by the Student Honor Code. On all work submitted for credit by*

Students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. For additional information on academic honesty, please refer to the UF student honor code at: <https://policy.ufl.edu/regulation/4-040/>

### *Accommodations for Students with Disabilities*

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Students with disabilities requesting accommodations should first register with the Disability Resource Center in Reid Hall (352-392-8565) by providing appropriate documentation. Please see the website for more information at: <https://disability.ufl.edu/>. Once registered, students will receive an accommodation letter that must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

### *Netiquette and Communication Courtesy*

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All members of the class are expected to follow [rules of common courtesy](#) in all email messages, threaded discussions, chats, and other class-related communication.

### *Withdrawal Policy*

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The add/drop deadline and the last day to withdraw from a course with a W on your transcript are listed online here: Dates and Deadlines: <https://catalog.ufl.edu/UGRD/dates-deadlines/>

## Tips for Success

Taking a course online can be a lot of fun! Here are some tips that will help you get the most of this course while taking full advantage of the online format:



**Participate:** Studies show that the more you discuss, draw, analyze, and actively participate in class, the more you learn! Try the boards on [Flip](#) to interact in a more personal way with classmates!



**Read:** Read assigned reading before lecture for each module. Then use lectures to hone understanding and apply your knowledge.



**Take notes:** Do not be a passive listener! Take active notes while watching lectures, especially on questions asked in the lecture.



**Ask questions:** [Ask immediately](#). Don't be afraid to ask me to meet and go over something again! Chances are, others need a clarification, too (which I can post as an announcement).



**Use your resources:** Use this syllabus to answer questions about the course and locate help when you need it. Use Canvas. Use the [Study Lounge](#). Use books.



**Plan ahead:** Plan 12-16 hrs/wk, including 6 hrs for lecture, discussion, and lab and 6-10 hrs on reading, assignments, and studying. Don't start studying or projects at the last minute.



**Study effectively:** Visit [learningscientists.org](https://learningscientists.org) to learn the 6 strategies for effective learning. Guess what the first one is? NO CRAMMING! Also check out videos from [Academic Resources!](#)



**I care:** I am deeply invested in YOU and your happiness and success. Email me, make an appointment for student office hours, etc. to go over course material, talk about life, or just say hi!

## Student Feedback Surveys

[Leave casual feedback any time on Flip!](#)

In addition to the usual GatorEvals, every semester, students will complete two surveys to give feedback to the instructor regarding the elements of this online course. These surveys are anonymous and are a way for you to provide honest feedback on the course. This feedback is essential to provide the best quality instruction and give you, the learner, the best learning experience. You are asked to give your honest opinion and to share any advice you have to make the course better. You will be asked questions regarding the instructor presence, lectures, assignment quality, etc.

### Mid-Semester Course Survey

[This survey](#) will take place during week 6 of the course. This survey will act as a prerequisite for Module 6, and will require completion before moving forward in the course. You will be graded for your participation in the quiz, not for your answers, as the survey is anonymous.

### End-of-Semester Course Survey

[This survey](#) will take place during week 12 of the course. This survey will act as a prerequisite for the Final Exam after Module 12 and will require completion before moving forward. You will be graded for your participation in the quiz, not for your answers, as the survey is anonymous.

If you have any questions or concerns about the course surveys, please feel free to reach out.

### GatorEvals

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Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>

### Privacy and Accessibility Policies

For information about the privacy policies of the tools used in this course, see the links below:

- Instructure (Canvas)
  - [Privacy Policy](#)
  - [Accessibility](#)
- Sonic Foundry (Mediasite Streaming Video Player)
  - [Privacy Policy](#)
  - [Accessibility](#)
- Perusall
  - [Privacy Policy](#)
  - [Accessibility](#)
- PlayPosit
  - [Privacy Policy](#)
  - [Accessibility](#)
- Zoom
  - [Privacy Policy](#)
  - [Accessibility](#)
- YouTube (Google)
  - [Privacy Policy](#)
  - [Accessibility](#)
- Microsoft
  - [Privacy Policy](#)
  - [Accessibility](#)
- Adobe
  - [Privacy Policy](#)
  - [Accessibility](#)
- Honorlock
  - [Privacy Policy](#)
  - [Accessibility](#)
- McGraw Hill
  - [Privacy Policy](#)
  - [Accessibility](#)
- Flip
  - [Privacy Policy](#)

- [Accessibility](#)

### ATTENTION

- In order to gain access to the content in this course, **the Course Orientation Module (including assignments as mentioned at the bottom of this page) must be completed in entirety.**
- Be sure to **disable your pop-up blocker** to avoid blocking of content in Canvas.
- If you are new to Canvas, watch a 4-min [Canvas Overview](#). If you have any questions regarding Canvas, refer to [Canvas Guides](#).

## About Your Instructor

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### Bio

Dr. Meadows teaches Marine Biology, Invertebrate Biodiversity, Quest 2 course Our Oceans: Human Impacts and Impacts on Humans, Marine Ecology, and introductory biology courses at UF.

Her research has been on seabirds in North Carolina, corals in Florida, rainforest birds in Panama, hummingbirds in Arizona, songbirds in New Zealand, fluorescent fish in the lab in Germany as well as the Mediterranean Sea and the Red Sea, and a whole slew of undergraduate research projects on corals, jellies, and anole coloration in PA prior to starting her position at UF in Fall 2019.

Dr. Meadows would love to meet you in person or over Zoom during Student Hours! Please pop by as student hours are for YOU!

### Watch the "About Your Instructor" Video

View the [welcome video](#) to learn more about your instructor, Dr. Meadows.

[Download the video transcript.](#)

### Contact Your Instructor

*Student Hours are YOUR hours! Please come chat!*

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- [Book me](#) one-on-one during Student Hours on Zoom T 1-2; W1-3!  
<https://tinyurl.com/3ndh5c24>
- Email for an appointment at another time if needed. I'm also available sometimes to meet in person in my office on campus in Carr Hall room 522.

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- Please allow **at least 24 hours in between making your appointment and the appointment time** so that I have time to check notifications and know to be there. If not, I cannot guarantee that I will see your appointment reservation in time.
- Zoom link for meetings: <https://ufl.zoom.us/j/3066712046>
- [Zoom technical requirements and troubleshooting](#)

### *Might others have the same question?*

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For questions about course content, projects, due dates, etc. that aren't private in nature, use the course questions forums! Please feel free to both ASK and ANSWER questions here, and I'll check them periodically as well. You have 2 choices:

- [Flip!](#) I love this and I'm trying it out for the first time! You can make quick video or audio posts here to ask questions as well as form study groups and other social stuff with the class. Access our class's page with additional topics using the link on the left side of your Canvas page (right under Announcements). Click [here](#) to learn more about Flip.
- [Canvas Course Questions Forum](#) - the traditional Canvas discussion board.

### *Is your question specific to you?*

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- Messages through Canvas will go to my email and will tell me what class you are in. Please use this instead of emailing me directly. [Here's how it works if you haven't used Canvas Inbox tools before.](#)
- Use for **ONLY** personal questions such as grades, special circumstances, needed accommodations.
- Expect a response within 24 hours during the week, and on the following Monday if message is sent after 5pm on Friday. Be professional in tone and expectations. Please do not expect an immediate response.
- If needed for contact about non-class matters, my email address is [melissa.meadows@ufl.edu](mailto:melissa.meadows@ufl.edu). All e-mail correspondence to the course instructor must originate from your ufl.edu account, have your full name in the body of the e-mail, and contain your course and section number in the subject line.

## Course Questions Forum

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For questions about course content, projects, due dates, etc. that aren't private in nature, use the course questions forums! Please feel free to both ASK and ANSWER questions here, and I'll check them periodically as well. You have 2 choices:

- [Flip!](#) I love this and I'm trying it out for the first time! You can make quick video or audio posts here to ask questions as well as form study groups and other social stuff with the

class. Access our class's page with additional topics using the link on the left side of your Canvas page (right under Announcements). Click [here](#) to learn more about Flip.

- [Canvas Course Questions Forum](#) - the traditional Canvas discussion board.

## *YOU MATTER!*

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ASKING FOR HELP IS A SIGN OF STRENGTH. If you or a friend is in distress, please refer them or yourself at <https://umatter.ufl.edu/>. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. <https://counseling.ufl.edu/>

## Prepare for a Successful Semester

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### Take these steps:

- ✓ Adjust [Canvas Notification Preferences](#) to enable Canvas to directly send you an email.
- ✓ Read through all [Syllabus](#) tabs on this page carefully.
- ✓ [Introduce Yourself](#).
- ✓ Complete the [Introduction to Connect](#) assignment.
- ✓ Read the [Book Club Overview](#). Complete the [Introduction to Sex in the Sea](#) assignment in Perusall, and [select your favorite chapter for book club leadership](#).
- ✓ Read about setting up [Honorlock](#), the online exam proctoring software.
- ✓ Take the [Course Orientation Quiz](#).
- ✓ Ask a question on the [Course Questions Forum](#).