

PCB3713C Cellular & Systems Physiology, Fall 2024

Syllabus Policy

You are solely responsible for reading and following the instructions, guidelines, and schedules in this syllabus, and for checking the e-Learning site at least weekly for announcements regarding any changes. Not having read the information in this syllabus or the announcements will not constitute an excuse for missing an assignment or deadline.

Course Description

How cells, organs, and higher-level systems are integrated and coordinated in the functions of humans and other animals. Emphasis will be placed on the use of model organisms, mathematical models, and the physical sciences to understand the mechanistic basis of normal physiology and dysfunction. 4 credits.

Prerequisites

One semester of general biology (BSC 2010) *and* two semesters of general chemistry (CHM 2046 or CHM 2047 or CHM 2051 or CHM 2096) *and* two semesters of general physics with calculus (PHY 2049 or PHY 2061), all with a minimum grade of C.

Corequisite

None

Course Schedule

Tuesdays, periods 5-6 (11:45 AM – 1:40 PM) in FLG 270

Thursdays, period 5 (11:45 AM – 12:35 PM) in FLG 265

Thursdays, period 6 (12:50 PM – 1:40 PM) in WEIL 408 A, D, and E

Instructor

- David Julian, Ph.D. (Physiology)
Associate Professor, Departments of Biology and Physiology & Aging
Pronouns: he/him
Contact: via Canvas Inbox

Undergraduate TAs

- Amelia (Millie) Adin
- Kate Beerensson
- Ava Gueck

Student Hour

Student hours (office hours) will be held weekly as follows:

- Wednesdays, period 5 (11:45 AM - 12:35 PM) in 227 Bartram Hall

Course Fee

There is no course fee, but you will need to purchase a \$15 subscription for an online human physiology simulation application. Instructions will be provided.

Course Objectives

At the end of the course, students should be able to:

- Explain the physiological mechanisms of humans and representative model organisms by applying basic principles of physics, chemistry, and engineering.
- Describe the fundamental mechanisms underlying normal function of cells, tissues, organs, and organ systems in humans and representative model organisms.
- Explain the basic mechanisms of homeostasis by integrating the functions of cells, tissues, organs, and organ systems.
- Effectively solve basic problems in physiology, working independently and in groups.
- Apply knowledge of functional mechanisms and their regulation to explain the pathophysiology underlying common diseases.
- Generate hypotheses about physiological processes, design experiments to test these hypotheses using dynamic models of physiological systems, and then analyze, interpret, and report experimental results.

Course Materials, Software, and Licenses

Course Lessons

All essential course content is provided in ~60 lessons. Each lesson is organized into slides with narration (as a prerecorded video by the instructor available on the Canvas site). All slides for each lesson are available as PDFs.

Each class "lecture" session has 1-3 assigned lessons. Prior to each class session, you will be expected to have reviewed the assigned lessons. The lessons will continue to be available for self-paced review throughout the semester.

The lessons generally follow the content in the course textbook and use figures from the textbook. However, a significant amount of textbook content is skipped. Most of the text in the lessons is "essential" content for this course, but some of the text is "helpful" content that may provide additional background, context, or an example of an application. The "helpful" text is denoted with grey, italic font. (Note that this text may be considered essential in another course.)

Course Textbook

The primary reference textbook for the course content is *Boron & Boulpaep Concise Medical Physiology* (published 2021, ISBN: 9780323655309). This textbook is available as an eTextbook to rent (\$21) or purchase (\$62) or as a paperback to purchase (\$58) (e.g.: [purchase and rental option link](#))

[Links to an external site.](#)). There is also a full (not "concise") version of this textbook (*Boron & Boulpaep Medical Physiology*) that contains the same information along with more advanced material. This full version is also suitable as a primary reference.

Introductory Videos

Most class sessions are associated with one or more recommended *Crash Course* videos. These are generally very good, concise introductions to the course content and should be viewed before reading the relevant textbook chapter. A transcript for each video is available in a Canvas Files folder.

Learning Outcomes

A detailed [table of learning outcomes](#)

[Download table of learning outcomes](#) is available in Canvas Files. Each learning outcome is ranked by priority (1 = high priority, 4 = low priority) and is associated with a lesson number, topic number, topic, and lesson slide.

Active Learning System

We will be using iClicker for class participation. You will be able to submit answers to in-class questions online using your computer (and via Apple or Android smartphones and tablets, but these will likely be irrelevant for class activities). To login, go to iclicker.com, sign in as a student, choose the option at the bottom to sign in using the campus portal, click on University of Florida, and then add this course.

Should you require assistance with iClicker at any time you can contact their Support Team directly by email or the in-app support. Specific user information may be required by their technical support team when troubleshooting issues.

Other Content

All other required digital content will be accessible from the course eLearning site (<https://elearning.ufl.edu>

[Links to an external site.](#)).

Activities and Assessments

In addition to instructor lesson videos and textbook reading, course activities will include in-class lessons, in-class problem-based learning ("active learning" questions), and asynchronous (out-of-class) problem-based learning.

Problem-based Learning

During the "lecture" sessions you will participate in problem-based learning (PBL), during which you will be asked to work with your classmates to answer questions and solve problems. You will use Canvas and the iClicker system to submit answers. You must be in attendance *in person* to participate in any in-class activity. Attempting to answer in-class (synchronous) PBL questions remotely may be interpreted as cheating.

Laboratory Sessions

There will be a 1-period laboratory session each Thursday. These are "dry-lab" sessions in which you will typically use high-fidelity computer models of human physiology to conduct experiments, collect data, and interpret the results. You must be in attendance *in person* to participate in any laboratory activity. Attempting to answer laboratory questions remotely may be interpreted as cheating.

Exams

There will be a midterm exam and a final exam. These will consist of knowledge-check and problem-based questions with a variety of question types: short answer, multiple choice, fill-in-the-blank, ordering, and numeric (calculation). The midterm will cover all course material through session 14 and will be administered during a normal lecture session (115 minutes in duration). It will be worth 100 points. The final exam will cover all course material from the entire term but will focus primarily on the last half of the course. It will also be worth 100 points, but it will be administered during the final exam period (2 hours duration). Both exams will be closed book and you will not be allowed to use notes, but you may be expected to utilize the physiology simulation software to answer some of the questions.

Portions of each exam will be completed collaboratively. Your total score for each exam will be weighted as 80% from your individual exam score and 20% from your collaborative exam score.

You will complete each exam using a classroom computer (you may not use a personal computer). You will be given access to the on-screen scientific calculator within the Canvas quiz environment, and you will be provided a sheet of scratch paper that you must return at the end of the exam. You must bring your own pen or pencil if you plan to use the scratch paper.

Grading

Assessments

Assessment Type	Quantity	Points	Subtotal	Pct of Total
PBL Sessions	28	3-7	150	32.5%
Laboratory Sessions	14	5	70	17.5%
Midterm Exam (Indiv.)	1	80	80	20%
Midterm Exam (Collab.)	1	20	20	5%
Final Exam (Indiv.)	1	80	80	20%
Final Exam (Collab.)	1	20	20	5%
Total			400	100%

Grade Distribution

Point Range (%)	Letter Grade
93.33 or higher	A
90-93.32	A-
86.66-89.99	B+
83.33-86.65	B
80-83.32	B-
76.66-79.99	C+
73.33-76.65	C
70-73.32	C-
66.66-69.99	D+
63.33-66.65	D
60-63.32	D-
< 60	E

Grades will not be assigned by a curve, but the grade cutoffs may be adjusted downward. In other words, if your final point accumulation is 93.33%, then you are guaranteed to receive an A. This means there is no upper limit to the number of “A” grades that can be assigned.

A “C-” is not a qualifying grade for critical tracking courses at UF. In order to graduate, students must have an overall GPA and an upper-division GPA of 2.0 or better (C or better). A "C-" average is equivalent to a GPA of 1.67, and therefore, it does not satisfy this graduation requirement. More information on grades and grading policies is here:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

[Links to an external site.](#)

Extra Credit

There will be no opportunities for extra credit.

Time Commitment

The UF College of Liberal Arts and Sciences assumes that you will devote 3-4 hours per week per credit-hour to each course during the regular fall and spring semesters. This course is 4 credits, so you should therefore expect to devote 12-16 hours per week to this course (for a total of 180-240 hours over the semester), of which only 4 hours per week will be spent in class. Therefore, you are responsible for budgeting more than 2/3 of the time you will spend on this course. If you find

yourself spending more than 16 hours per week on average, discuss this with your course instructor to see if you can refine your work and study habits. If you find yourself spending less than 12 hours per week on average, you should recognize that you may have difficulty fully learning and comprehending the material in this time, which will probably be reflected in poor performance on the various activities and assessments, causing you to receive a lower overall course grade.

Activity	Minimum Time (Hours)
In-class lectures and PBL	42
Viewing lessons	50
Laboratory	14
Textbook reading	50
Reviewing notes	20
Midterm exam	2
Final exam	2
Total	180

Communication

Updates and changes to the course schedule, this syllabus, and any other aspects of the class content and structure will be communicated to you via announcements on the course e-Learning site. You are responsible for checking this site regularly for announcements.

Student Representative

The Student Representative System is designed to foster open communication and continually enhance the course experience. One or more students will be identified at the beginning of the semester to act as a bridge between the class and the instructor. This representative will gather feedback, concerns, and suggestions from the class cohort and relay them during periodic meetings with the instructor. The aim is to address any issues in a timely manner, make potential improvements in course delivery and assessment, and ensure that all students feel their perspectives are valued. Details regarding the selection and responsibilities of the representative will be provided in class. All students are encouraged to actively participate in this feedback process, either by volunteering as the representative or by sharing their insights with the chosen representative.

Communicating Electronically with the Instructor

There are two primary modes of electronic communication for this class -- the discussion forum and Canvas email. To ensure that your questions are answered as promptly as possible, please follow the communications guidelines below:

Discussion Forum: You may use the discussion forum on the course website for questions/answers about the course content, structure, assignments and activities. You are strongly encouraged to respond to your peers if you know the answer or can provide guidance. The instructor will not regularly monitor this area and therefore it should **not** be used to communicate with the instructor.

Direct Canvas Messages: Direct messages to Dr. Julian using **Canvas email** (the Inbox tool) should be used for messages that are private in nature or otherwise not appropriate to be posted to the Discussion Forum. If you use any other email tool (such as UF email), it may be filtered as spam or otherwise not be seen.

Course Policies

Academic Honesty

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The [Honor Code](#)

[Links to an external site.](#) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor.

Class Participation

- Role will not be taken, but all class meetings will include points for in-class PBL, for which you must be present *in person* to participate.

In-Class Recording

Students may record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor.

A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations

between students in the class or between a student and the faculty or lecturer during a class session.

Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student Honor Code and Student Conduct Code.

Policy on Absences and Make-up Work

- Requirements for class attendance and make-up exams, assignments, and other work are consistent with [university attendance policies](#)
- [Links to an external site.](#)
- If you have an excused absence, course materials will be provided to you and you will be given a reasonable amount of time to complete any make up work. Refer to the above link for more information on the university’s attendance policy.
- If you must miss an assignment or exam due to an otherwise allowable **scheduled** absence (for example, to participate in a sanctioned university function), you must notify the instructor as soon as the event is scheduled or during the first week of classes.
- If you miss an assignment or exam due to an allowable but unscheduled and unpredictable absence (e.g., illness), you must contact the instructor as soon as possible. In the case of illness unrelated to COVID-19, you must provide a signed note from your primary care provider indicating that you were unable to complete the assignment or take the exam on the day(s) in question.

Late Work

- Late work will not be accepted unless it is the direct result of an allowable but unscheduled and unpredictable absence (e.g., illness), as defined above, at the discretion of the instructor.

Campus Resources

Health and Wellness

- *U Matter, We Care*: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit [U Matter, We Care website](#)
- [Links to an external site.](#) to refer or report a concern and a team member will reach out to the student in distress.
- *Counseling and Wellness Center*: Visit the [Counseling and Wellness Center](#)

- [Links to an external site.](#) website or call 352-392-1575 for information on crisis services as well as non-crisis services.
- *Student Health Care Center*: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the [Student Health Care Center](#)
- [Links to an external site.](#) website.
- *University Police Department*: Visit the [UF Police Department](#)
- [Links to an external site.](#) website or call 352-392-1111 (or 9-1-1 for emergencies).
- *UF Health Shands Emergency Room / Trauma Center*: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the [UF Health Emergency Room and Trauma Center](#)
- [Links to an external site.](#) website.

Academic Resources

- *E-learning technical support*: Contact the [UF Computing Help Desk](#)
- [Links to an external site.](#) at 352-392-4357 or via e-mail at helpdesk@ufl.edu.
- [Career Connections Center](#)
- [Links to an external site.](#): Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.
- [Library Support](#)
- [Links to an external site.](#): Various ways to receive assistance with respect to using the libraries or finding resources.
- [Teaching Center](#)
- [Links to an external site.](#): Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.
- *Writing Studio*: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.
- *Student Complaints On-Campus*: visit the [Student Honor Code and Student Conduct Code](#)
- [Links to an external site.](#) website.
- *On-Line Students Complaints*: view the [Distance Learning Student Complaint Process](#)
- [Links to an external site.](#)

Accommodations for Students with Disabilities

Students who experience learning barriers and would like to request academic accommodations should connect with the [Disability Resource Center](#)

[Links to an external site.](#) (DRC). Once registered with the DRC, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure during the first week of classes or within one week of receiving their accommodation documentation from the DRC, whichever is later.

Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at www.gatorevals.aa.ufl.edu/students/

[Links to an external site.](#) Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via www.ufl.bluera.com/ufl/ [Links to an external site.](#) Summaries of course evaluation results are available to students at www.gatorevals.aa.ufl.edu/public-results/

[Links to an external site.](#)

Procedure for Conflict Resolution

As per UF policy, any classroom issues, disagreements, or grade disputes should be discussed first between the instructor and the student. If the problem cannot be resolved, please contact the Undergraduate Coordinator or the Department Chair. Be prepared to provide documentation of the problem, as well as all graded materials for the semester. Issues that cannot be resolved departmentally will be referred to the University Ombuds Office (www.ombuds.ufl.edu

[Links to an external site.](#); 392-1308) or the Dean of Students Office (www.dso.ufl.edu

[Links to an external site.](#); 392-1261).

Course Schedule (subject to change)

Session	Topic	Lab
1	<ul style="list-style-type: none"> • Introduction to course structure • Homeostasis and Feedback Activity • <i>Introduction to Anatomy & Physiology (CC A&P #1.)</i> 	Lab 1
2	<ul style="list-style-type: none"> • General principles and foundations (1) • Cell structure (2) • <i>Water (CC Biol #2.)</i> • <i>Biological Molecules (CC Biol #3.)</i> • <i>Animal Cells (CC Biol #4.)</i> • <i>Membranes & Transport (CC Biol #5.)</i> • <i>ATP & Respiration (CC Biol #7.)</i> 	
3	<ul style="list-style-type: none"> • Signal transduction (3) • Gene expression (4) • Transport of solutes and water (5) • <i>DNA Transcription & Translation (CC Biol #11.)</i> 	Lab 2
4	<ul style="list-style-type: none"> • Membrane potential (6) • Action potentials (7) • <i>The Nervous System, Part 1 (CC A&P #8.)</i> • <i>The Nervous System, Part 2 - Action Potential (CC A&P #9.)</i> 	
5	<ul style="list-style-type: none"> • Synaptic transmission (8) • Nervous system organization (10) • <i>The Nervous System, Part 3 - Synapses (CC A&P #10.)</i> 	Lab 3
6	<ul style="list-style-type: none"> • Neurons (12) • Neuronal synapses (13) • <i>Central Nervous System (CC A&P #11.)</i> 	
7	<ul style="list-style-type: none"> • Autonomic nervous system (14) • Sensory transduction (15) • <i>Peripheral Nervous System (CC A&P #12.)</i> • <i>Autonomic Nervous System (CC A&P #13.)</i> • <i>Sympathetic Nervous System (CC A&P #14.)</i> • <i>Parasympathetic Nervous System (CC A&P #15.)</i> • <i>Taste & Smell (CC A&P #16.)</i> • <i>Hearing & Balance (CC A&P #17.)</i> • <i>Vision (CC A&P #18.)</i> 	Lab 4
8	<ul style="list-style-type: none"> • Muscle cells (9) • Central nervous system circuits (16) • <i>Muscles, Part 1 - Muscle Cells (CC A&P #21.)</i> • <i>Muscles, Part 2 - Organismal Level (CC A&P #22.)</i> 	
9	<ul style="list-style-type: none"> • Cardiovascular system organization (17) • Blood (18) • <i>The Heart, Part 1 - Under Pressure (CC A&P #25.)</i> • <i>The Heart, Part 2 - Heart Throbs (CC A&P #26.)</i> • <i>Blood, Part 1 - True Blood (CC A&P #29.)</i> • <i>Blood, Part 2 - There Will Be Blood (CC A&P #30.)</i> 	Lab 5
10	<ul style="list-style-type: none"> • Arteries and veins (19) • Microcirculation (20) • <i>Blood Vessels, Part 1 - Form and Function (CC A&P #27.)</i> • <i>Blood Vessels, Part 2 (CC A&P #28.)</i> • <i>Lymphatic System (CC A&P #44.)</i> 	

11	<ul style="list-style-type: none"> • Cardiac electrophysiology (21) 	Lab 6
12	<ul style="list-style-type: none"> • The heart as a pump (22) • Regulation of MAP and cardiac output (23) 	
13	<ul style="list-style-type: none"> • Integrated control of the cardiovascular system (25) 	Lab 7
14	Midterm Exam	
15	<ul style="list-style-type: none"> • Respiratory system organization (26) • Mechanics of ventilation (27) • <i>Respiratory System, Part 1</i> (CC A&P #31.) • <i>Respiratory System, Part 2</i> (CC A&P #32.) 	Lab 8
16	<ul style="list-style-type: none"> • Respiratory acid-base regulation (28) • Oxygen and carbon dioxide transport (29) 	
17	<ul style="list-style-type: none"> • Gas exchange (30) 	Lab 9
18	<ul style="list-style-type: none"> • Lung ventilation and perfusion (31) • Control of ventilation (32) 	
19	<ul style="list-style-type: none"> • Urinary system organization (33) • GFR and RBF (34) • <i>Urinary System, Part 1</i> (CC A&P #38.) • <i>Urinary System, Part 2</i> (CC A&P #39.) 	
20	<ul style="list-style-type: none"> • Renal sodium and chloride transport (35) • Renal potassium transport (37) • Renal urea and organic molecule transport (36) 	Lab 10
21	<ul style="list-style-type: none"> • Urine concentration and dilution (38) • Renal acid and base transport (39) • Integration of salt and water balance (40) 	
22	<ul style="list-style-type: none"> • Endocrine system organization and control (47) • <i>Endocrine System, Part 1 - Glands & Hormones</i> (CC A&P #23.) • <i>Endocrine System, Part 2 - Hormone Cascades</i> (CC A&P #24.) 	Lab 11
23	<ul style="list-style-type: none"> • Endocrine regulation of growth and body mass (48) • Thyroid gland (49) 	
24	<ul style="list-style-type: none"> • Adrenal gland (50) • Endocrine pancreas (51) • Parathyroid glands and vitamin D (52) • <i>The Skeletal System, Part 1 - Bones</i> (CC A&P #19.) • <i>The Skeletal System, Part 2 - Joints</i> (CC A&P #20.) 	Lab 12
25	<ul style="list-style-type: none"> • Gastrointestinal system organization (41) • Gastric function (42) • Pancreatic and salivary glands (43) • <i>Digestive System, Part 1</i> (CC A&P #33.) • <i>Digestive System, Part 2</i> (CC A&P #34.) • <i>Digestive System, Part 3</i> (CC A&P #35.) 	
26	<ul style="list-style-type: none"> • Intestinal fluid and electrolyte movement (44) • Nutrient digestion and absorption (45) • Hepatobiliary function (46) • <i>Metabolism & Nutrition, Part 1 - Anabolism</i> (CC A&P #36.) • <i>Metabolism & Nutrition, Part 2 - Catabolism</i> (CC A&P #37.) 	Lab 13
27	<ul style="list-style-type: none"> • Sexual Differentiation • Menstruation and Ovulation • Fertilization and Pregnancy 	
28	<ul style="list-style-type: none"> • Immune system 	Lab 14

	<ul style="list-style-type: none"> • <i>Reproductive System, Part 1 - Female Reproductive System</i> (CC A&P #40.) • <i>Reproductive System, Part 2 - Male Reproductive System</i> (CC A&P 41.) • <i>Reproductive System, Part 3 - Sex & Fertilization</i> (CC A&P #42.) • <i>Reproductive System, Part 4 - Pregnancy & Development</i> (CC A&P #43.) • <i>Immune System, Part 1 - Innate Defenses</i> (CC A&P #45.) • <i>Immune System, Part 2 - Adaptive Defenses</i> (CC A&P #46.) • <i>Immune System, Part 3 - Cell Mediated Defense</i> (CC A&P #47.) 	
	Final Exam	